

FAQ

**What does OALD stand for?**

OALD stand for Overactive Letdown.

**What does OAM or MCOAM stand for?**

OAM stand for Overabundant Milk, and MCOAM stands for Mother & Child Overabundant Milk.

**What is Overabundant Milk and Overactive Letdown?**

Read my full [definition](#).